

ALCOHOL & DRUG SERVICES

Alcohol & Drug Program (SC County), information, referral & prevention.....	454-4357
Fenix Services, treatment.....	722-5914
Janus, treatment.....	462-1060
Perinatal Warmline (information, support & referral).....	454-4808
Mondanaro-Baskin Center (Perinatal), treatment.....	423-9015
New Life Community Services, treatment.....	458-1668
Primeros Pasos Program (primarily serving South County residents).....	763-4700
Sobriety Works.....	476-1747

ASSISTANCE WITH FAMILY CHALLENGES

CalWORKS (formerly TANF or AFDC).....	454-4010	763-8500
CAB: Shelter Project (rent assistance to prevent eviction).....	457-1741 x152	
Message Center (voicemail service for homeless).....	457-0511	728-4634
Gemma (for women after incarceration).....	457-4560	
Women Ventures Project (non-traditional jobs for women).....	724-0206	
Families in Transition.....	458-7124	728-9791
HEAP (Home Energy Assistance Program).....	1-888-728-3637	
Rowland & Pat Rebele Family Shelter.....	458-6020	

BREASTFEEDING

Nursing Mothers Counsel.....	621-8412	
Hospital Breastfeeding Services; Dominican: 462-7862. Sutter: 477-2229. Watsonville: 763-6015		
La Leche League.....	425-3088	
Regalo de Amor (WIC).....	426-3911	722-7121 x116

CHILD PASSENGER SAFETY INFORMATION (Car seat safety info & resources)

Child Passenger Safety Program, SC County HSA.....	454-5477
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CHILDCARE PAYMENT ASSISTANCE

CareerWorks-Workforce Santa Cruz (CalWORKS clients).....	454-4080	763-8700
SC County Parents Association Voucher Project & Centralized Eligibility List info.....	688-2152	
Centralized Eligibility List website www.santacruzcountycel.org		

COUNSELING

Parent Center.....	426-7322	724-2879
Family Service Agency of the Central Coast (FSA).....	423-9444	728-9970
First Step (FSA) - families whose children have Medi-Cal.....	423-9504	728-9975
PEAKS/Psycho-educational Assessment for Kids & Students(FSA).....	423-9444 x 201	
Family Therapist Referral Line (CAMFT).....	429-7786	
Hospice Caring Project Grief Support Program.....	430-3000	
Pájaro Valley Prevention and Student Assistance (PVPSA).....	728-6445	
Children's Mental Health.....	454-4900 or 800-952-2335	763-8990
Youth Services (serving teens & their families).....	429-8350	688-8856

HEALTH CARE/IMMUNIZATIONS (programs in bold offer immunizations)

Beach Flats Health Center.....	423-0222	
Clinica del Valle.....	761-1588	
Planned Parenthood.....	426-5550	724-7525
Santa Cruz County Health Center (SC County HSA).....	454-4100	763-8400
Salud para la Gente.....	728-0222	
Visiting Nurses Association (Immunizations only).....	479-6620	
Women's Health Center.....	427-3500	
Dominican Hospital Pediatric Clinic.....	457-7038	
Rota-care.....	457-7166	

CHILD DEVELOPMENT PROGRAMS

Beach Flats Family School.....	420-6125	
Campus Kids Connection.....	462-9822	
Child Development Resource Center (information).....	466-5820	
Community Bridges, Child Development Division.....	454-9920	
Go Kids.....	408-843-9000	
Head Start & Early Head Start.....	688-3802	724-3885
Live Oak School District Child Development Program.....	462-1116	
Migrant Head Start PVUSD.....	728-6955	
Migrant Head Start Santa Cruz Direct Op.....	466-5850	
Pacific Preschool.....	425-7002	
Watsonville Children's Center (PVUSD Child Development Programs).....	728-6280	
Redwood Mountain State Preschool.....	335-3222	
Walnut Avenue Women's Center Early Childhood Education.....	426-3062	
YWCA Early Childhood Education.....	724-6078	x102

CHILDCARE ACCESS

Child Care Switchboard.....	466-5820	724-2997 x210
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CPR AND INFANT SAFETY

PEP Program, Dominican Hospital.....	462-7709
Red Cross.....	462-2881

DENTAL CARE

Beach Flats Health Center.....	423-0222
Dientes.....	464-5409
Salud para la Gente.....	763-3413

DOMESTIC VIOLENCE (for crisis support see HOTLINES)

Walnut Avenue Women's Center.....	426-3062
Women's Crisis Support~Defensa de Mujeres.....	1-888-900-4232

FAMILY PLANNING

Beach Flats Health Center.....	423-0222	
Family Planning (SC County Health Center).....	454-4100	763-8400
Planned Parenthood.....	426-5550	724-7525
Salud para la Gente.....	728-0222	
Santa Cruz Women's Health Center.....	427-3500	

FOOD/CLOTHING DISTRIBUTION (programs in bold offer food and clothing)

Davenport Resource Service Center.....	425-8115	
Salvation Army.....	426-8365	724-3922
St. Vincent DePaul Society.....	722-3250	
Valley Churches United (San Lorenzo and Scotts Valley residents).....	336-5651	
CSC of the Seventh-Day Adventist Church (no clothing).....	429-1483	
Community Food Hotline (no clothing).....	662-0991	
Food Stamp Program (Santa Cruz County) (no clothing).....	1-888-421-8080	
Women, Infants, Children (WIC) Nutrition Program (no clothing).....	426-3911	722-7121

HEALTH CARE ACCESS

Santa Cruz County Health Care Outreach —for information about Healthy Kids Health Plan & all the programs listed below.....	454-2515	763-8568
California Children's Services (SC County HSA).....	454-2540	763-8900
Central Coast Alliance for Health (formerly SCCHO).....	430-5500	
Child Health & Disability Prevention (CHDP).....	454-2560	763-8932
Healthy Families (low-cost health insurance for eligible children).....	1-888-747-1222	
Medi-Cal.....	1-888-421-8080	

IN-HOME PARENT SUPPORT

Adolescent Family Life Program (HSA) 454-4339
Davenport Resource Service Center 425-8115
Live Oak Family Resource Center 476-7284 ext.102
Mountain Community Resources 335-6600

LEGAL/PARALEGAL

California Rural Legal Assistance 458-1089.... 688-6535...724-2253
Family Law Facilitator (Court Forms for Family Law)..... 454-2422
Lawyer Referral Service 425-4755
Watsonville Law Center 722-2845

MEDIATION/CONFLICT RESOLUTION

Conflict Resolution Center (family, neighbor mediation).475-6117

POSTPARTUM &/or PEDIATRIC HOME HEALTH

Dominican Home Health (no pediatrics)..... 465-7988
High Risk Infant Program..... 454-4339
Pediatric Services of America.....1-800-819-9905
Visiting Nurses Association 479-6620

PRENATAL CLASSES (Childbirth, Breastfeeding, Infant Care, Yoga, etc.)

Dominican Hospital PEP Program 462-7709
Live Oak Family Resource Center 476-7284
Watsonville Hospital Perinatal Outpatient Services 763-6015

PRENATAL CLINICS

Dominican Prenatal Clinic 457-7103
Planned Parenthood Watsonville, La Mariposa 724-7525
Planned Parenthood Westside Health Center.....426-5550
Salud Para La Gente763-3408
Santa Cruz Women's Health Center427-3500

SERVICES FOR FAMILIES & CHILDREN WITH SPECIAL NEEDS

Central Coast Center for Independent Living (CCCIL)..... 462-8720
Family Partnership Program 454-4961..... 768-8132
San Andreas Regional Center..... 728-1781
Special Parents Information Network (SPIN) 423-7713..... 722-2800



Migrant Head Start

Produced by Community Bridges' **Live Oak Family Resource Center**
1740 17th Avenue, Santa Cruz, CA 95062 — (831) 476-7284

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Migrant Head Start Program/Santa Cruz County Office of Education
400 Encinal Street, Santa Cruz CA 95060 – Ph. 831-466-5850 – Fax. 831-466-5607

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Resources for Santa Cruz County Parents of Young Children 2011



GENERAL INFORMATION - REFERRALS TO RESOURCES

Beach Flats Community Center 420-6125
Child Development Resource Center 466-5820 724-2997 x210
Davenport Resource Service Center 425-8115
Early Childhood Education Department (Cabrillo College).... 479-6354
Familia Center 423-5747
La Manzana Community Resources 724-2997
Live Oak Family Resource Center (LOFRC) 476-7284 x104
Maternal & Child Health Information Line (HSA) 454-4339 x0
Mountain Community Resources 335-6600
Parent Information & Referral Center,
Lucille Packard Children's Hospital (Stanford University)..... 1-800-690-2282
Santa Cruz Public Library Information 420-5730
Santa Cruz Public Library Community Information Database:www.santacruzpl.org/cid/public/
SPIN (resources for special needs children) 423-7713 722-2800
Walnut Ave Women's Center 426-3062

CRISIS SERVICES

Alcoholics Anonymous Hotline (& referrals to 12-Step programs)..... 475-5782 768-9597
California Poison Control System..... 1-800-222-1222
Community Food Hotline (Second Harvest Food Bank)..... 662-0991
Domestic Violence Help & Hotline (WAWC)..... 1-866-2MY ALLY
Family & Children's Services (child abuse reporting line) 454-2273
Inpatient Psychiatric Crisis Services (Dominican Hospital).... 462-7719
Parental Stress Hotline..... 426-7322 724-2879
Shelter Hotline (Community Action Board)..... 457-0511 728-4634
Suicide Prevention Service 458-5300 toll-free . 1-877-663-5433
Women's Crisis Support~Defensa de Mujeres (domestic violence) 685-3737 1-888-900-4232



Advocacy & Planning Groups for Families & Children

Children's Network 465-2210
Child Care Planning Council 466-5822
First 5 Santa Cruz..... 465-2217
La Leche League..... 425-3088
Santa Cruz County Breastfeeding Coalition 454-4331

